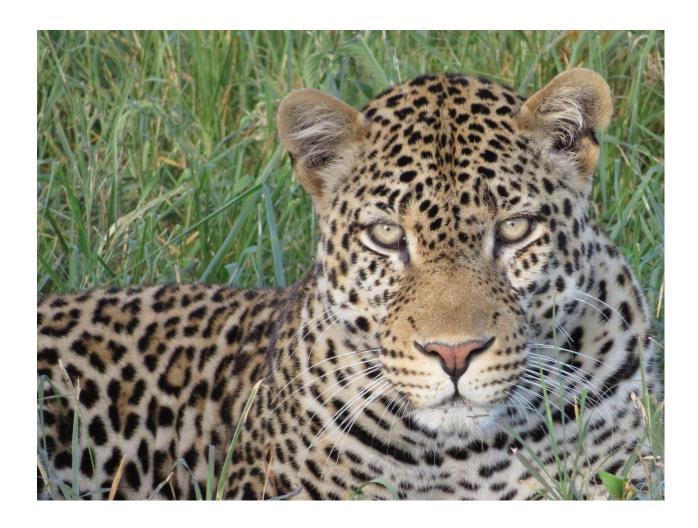


Safari Pre-Departure Information



Africa Adventure Consultants wants you to have a wonderful trip.

In order to ensure that you have the best experience possible, please read the following document carefully as it includes passport, visa, health requirements, packing list and other important information.

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https://www.amazon.com/shop/adventuresinafrica

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TRAVEL AND TOURIST VISA INFORMATION

Visitors to African countries are required to bring a valid passport. Most African countries require **passports to be valid 6 months after your return date** and that it contains **sufficient blank pages** (please verify for each country) for visas and immigration stamps. You also may need a **valid visa and health certificate**.

Securing a visa is the responsibility of each traveler. Sample entry requirements for **US citizens** are below. **Visa regulations and fees often change; we recommend you consult your nearest consulate or embassy for details.** You can also visit the United States Department of State web site at http://travel.state.gov/. When applicable, e-Visas can generally be initiated no earlier than **3 months prior** to travel and take anywhere from 3 days to 3 weeks for approval.

COUNTRY	TOURIST VISA (Valid passport	ADDITIONAL INFORMATION				
(hyperlink)	required for all countries)					
<u>Botswana</u>	No visa required for stays up to 90 days	http://www.botswanaembassy.org/				
<u>Egypt</u>	Visa required - \$25	Visas can be obtained upon arrival, or an e-Visa can be obtained in advance. Check with your Journey Specialist for the best option. https://visa2egypt.gov.eg/eVisa/Home				
Ethiopia	Visa required - \$50	Visas can be obtained upon arrival at Bole International Airport in Addis Ababa or an e-Visa can be obtained in advance at https://www.evisa.gov.et/#/home				
<u>Kenya</u>	No Visa required as of Jan. 4, 2024 Electronic Travel Authorization (ETA) is now required. Fee is \$34	ETA's must be obtained in advance at http://www.etakenya.go.ke				
	All travelers, including infants and children are required to apply online.	Travelers may apply within 3 months of their travel date.				
Madagascar	Visa Required – Single entry \$31	Visas can be obtained upon arrival. Passport must contain three blank visa pages.				
Malawi	No Visa required as of Feb. 7, 2024					
Morocco	No visa required for stays up to 90 days	Passport must contain at least one blank visa page.				
<u>Mozambique</u>	Visa required – Single entry \$12	Visas to be obtained upon arrival.				
<u>Namibia</u>	No visa required for stays up to 90 days	Passport must contain at least two blank visa pages. http://www.namibianembassyusa.org/				
Rwanda*	Visa required – Single entry \$50	Visas can be obtained upon arrival, or an e-Visa can be obtained in advance but currently not recommended. https://www.migration.gov.rw				
Seychelles	No visa required. Electronic Travel Authorization (ETA) is required. Fee is approx. \$20	ETA's must be obtained in advance at https://seychelles.govtas.com/ or via their ETA App Travelers may apply within 30 days of their travel date.				
South Africa	No visa required	Passport must contain at least two blank visa pages upon each arrival in South Africa, including following trips to neighboring countries.				
<u>Tanzania</u>	Visa required - \$100 US citizens need the \$100 multiple entry visa due to our State Departments Reciprocity Laws.	E-Visas should be obtained in advance depending on where you enter. Please ask us for details. https://visa.immigration.go.tz/ Visas are still available upon arrival, but the process can be lengthy.				

Uganda*	Visa required - \$50	E-Visas must be obtained in advance via an online system, at least two weeks prior to travel. https://www.visas.immigration.go.ug/
Zambia	No visa required as of Nov. 3, 2022	
Zimbabwe	Visa required - \$30 Single entry, \$45 Double entry	Visas can be obtained at point of entry.

Multi-Visas

*East Africa Visa \$100.00 - allows travel between Rwanda and Uganda with the same multiple entry visa. How to apply depends on which country you enter first.

- Rwanda: Apply through the Rwanda Online Visa Application System. Under "Type of Visa" select East Africa Tourist Visa.
- <u>Uganda</u>: Apply through the Uganda Online Visa Application System. Under "Category" select East Africa Tourist Visa.

Non-US citizens should contact appropriate consulates to determine if visas are needed.

When traveling with children under the age of 18, some countries may require additional documentation.

(All minors need a valid passport.)

Please ask us for details. Here are a few examples:

South Africa: As of November 11, 2019: No additional requirements. AAC recommends taking a copy of the birth certificate just to be safe. <u>South Africa statement</u>

Botswana & Namibia: All minors need a certified copy of birth certificate. If one parent is not traveling with the child, you will need a consenting affidavit from the missing parent. Botswana entry requirements, Namibia entry requirements

Tanzania: Minors with only one parent/legal guardian should be accompanied by a notarized letter jointly signed approving the travel. <u>Tanzania entry requirements</u>

PLEASE NOTE: If sending your passport into embassies or consulates, we highly recommend using FedEx, UPS or other shipping companies that offer tracking and packages to be signed for.

HEALTH REQUIREMENTS FOR U.S. CITIZENS*

Some countries require that visitors have a Yellow Fever vaccination certificate. Most visitors also get inoculations for various diseases—check with your doctor or travel clinic for more information. Many take malaria prophylactics. We also advise clients to take out comprehensive health/travel insurance.

COUNTRY	INOCULATIONS REQUIRED	MEDICAL RECOMMENDED			
<u>Botswana</u>	Yellow Fever if traveling from an endemic zone	Anti-malaria, and others			
Egypt	Yellow Fever if traveling from an endemic zone	Others			
Ethiopia	Yellow Fever if traveling from an endemic zone	Yellow Fever, Anti-malaria and others			
<u>Kenya</u>	Yellow Fever if traveling from an endemic zone	Yellow Fever, Anti-malaria and others			
Madagascar	Yellow Fever if traveling from a yellow fever endemic country within 6 months of arrival	Anti-malaria and others			
Malawi	Yellow Fever if traveling from an endemic zone	Anti-malaria and others			
Morocco	None	Others			
Mozambique	Yellow Fever if traveling from an endemic zone	Anti-malaria and others			
Namibia Yellow Fever if traveling from an endemic zone		Anti-malaria and others			
Rwanda	Yellow Fever if traveling from an endemic zone or a country with an active yellow fever outbreak	Anti-malaria and others			
Seychelles Yellow Fever if traveling from an endemic zone		Others			
South Africa Yellow Fever if traveling from an endemic or potential zone		Anti-malaria and others			
<u>Tanzania</u>	Yellow Fever if traveling from an endemic zone	Anti-malaria, and others			
<u>Uganda</u>	Yellow Fever	Anti-malaria and others			
Zambia	Yellow Fever if traveling from an endemic zone	Anti-malaria and others			
<u>Zimbabwe</u>	Yellow Fever if traveling from an endemic zone	Anti-malaria and others			

^{*}All the above requirements and recommendations are determined by the governments of these countries and could change at any time. Please check with your physician, travel clinic or the Centers for Disease Control for updates and other recommended precautions. Note: Traveling from may also include in transit.

There has been a **yellow fever vaccination shortage** in the U.S. since 2017 so please plan a visit to your clinic early. Not all clinics carry the vaccine so you may need to call around to verify that they have it. The CDC advises to get the vaccine at least 10 days before travel as that is the time it takes to develop immunity.

CDC LINKS

Destination list: http://www.cdc.gov/travel/destinations/list.htm#b
Yellow Fever: http://www.cdc.gov/yellowfever/vaccine/index.html

Clinic Search: http://wwwnc.cdc.gov/travel/yellow-fever-vaccination-clinics/search.htm

INSECTS AND MALARIA

Pack repellent with <u>30-50% DEET</u>. This is heavy-duty repellent that you will want to try out at home if you have particularly sensitive skin. An alternative is <u>picaridin</u> which is odorless and considered nontoxic to birds. There are also products containing <u>permethrin</u> that you can spray on your clothing prior to traveling. If you are traveling with young children, you will want to consult with a doctor about repellents. The key times to consider are dusk and dawn. Wear long sleeves, pants, and socks when mosquitoes are active.

It is strongly recommended to take malaria prophylactics when visiting certain areas and during certain seasons, please consult your doctor or travel clinic for options and information.

CURRENCY

Visitors should bring cash (2013 or newer crisp USD bills with no tears or markings). Visit your bank early as sometimes it is difficult to get newer crisp bills. If you are tipping in USD, it's good to take smaller bills, \$1, \$5, \$10 and \$20's. When acquiring visas in-country, most governments require exact USD as they may not be able to give change.

Credit cards are not readily accepted although most major lodges and camps will take them. Keep in mind that foreign transaction fees and surcharges may be imposed. Bring a credit card for emergency travel expenses or for larger souvenirs, but do not rely on it for daily use. Visa and Mastercard are more widely accepted than American Express. ATMs are limited and not always reliable.

ELECTRICITY

The United States uses 110 volt system. Most of Africa uses 220-240 volt system so you will need a voltage converter unless your appliance is dual voltage, which many modern phones and electronics are. Check each country for specific adaptor plugs. https://www.iec.ch/world-plugs.

Note: There can be periodic electricity outages in some African cities. The vast majority of travelers should not be affected but you should be aware of potential power outages mainly in South Africa and Uganda.

SAFETY

Residents of East and Southern Africa are generally friendly, welcoming people. Most visitors find that they have very positive experiences with locals. That said, caution is recommended for all travelers. Valuables: Keep your money and passport with you at all times. Use caution at ATM's. Leave your expensive jewelry at home; don't check valuables in checked baggage. Cities and Towns: Never walk anywhere at night—even a few blocks. Do not walk unescorted into remote or dangerous looking areas. Women, especially, should be careful to dress conservatively, carry little money or equipment, and to use caution. Be wary of people who try to help you too aggressively. In the Bush: Never walk unescorted, especially in tented camps and lodges, especially at night. Wildlife could be anywhere. Everywhere: Use caution and leave an area if you feel uncomfortable. If any disagreements arise with hotel staff, taxi drivers, locals, etc. do not raise your voice as Africans do not generally respond well to this. Be persistent and polite and remember that sometimes, things take a lot longer to get accomplished in Africa than they do where you are from. For added security, the State Department recommends registering your travel details with them. By enrolling, U.S. citizens make it easier for the Embassy to contact them in case of emergency: https://step.state.gov/step/

LGBTQI+ travelers are welcome in most parts of Africa but should exercise caution regarding public displays of affection and should consider keeping a lower profile in areas where traditional or conservative beliefs seem to be predominant. If you have concerns, please check with the State Department for country information concerning Local Laws and Special Circumstance: https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages.html

TELECOMMUNICATIONS

Telephone, internet and Wi-Fi service is limited in many African countries. In many camps and lodges, it is unavailable or unreliable so plan accordingly. Most US cell phone companies offer coverage in Africa, contact your cell phone provider for details and rates.

WHAT TO EXPECT WHILE ON SAFARI

Your day usually starts with an early wake up and light breakfast then a morning game drive to catch the animals in action before the heat of the day sets in. You may stop and have some tea/coffee and snacks before returning to your camp/lodge for lunch and a siesta. You will then head out for a late afternoon game drive where often you will end with a 'sundowner' (drinks and snacks in the bush). You will then return to the camp/lodge in time for dinner. There may be times when you stay out all day and a picnic lunch is then provided. Check your itinerary for specific details. Your safari vehicles will be comfortable, and your drivers are experts, but some of the roads will be bumpy and it can get dusty. Most safari vehicles do not have air conditioning.

FOOD AND DRINK

Dietary needs such as vegetarian, vegan, gluten-free and nut allergies can be accommodated. Many properties are remote and have all supplies flown in; if you forgot to include a note in your AAC booking form, please inform us so we can alert your accommodations in advance. It is also helpful to remind camp staff and/or waiters upon arrival.

The safari camps and lodges suggested by AAC adhere to high standards of food hygiene. Raw fruits and vegetables, including salads, are washed in purified water and are safe to consume. For restaurants outside your camps or lodges, ask locally about food preparation practices and standards. Street food and drink is not safe, unless you are on a tasting tour arranged by AAC.

Dehydration can cause you to feel ill with symptoms similar to food poisoning, so please stay hydrated. However, tap water is not safe to drink, even while brushing your teeth. Purified water is available to guests, either bottled or in jugs with refillable containers. Even ice cubes are made with purified water. If in doubt, please ask.

PLASTIC BAG BAN

Non-biodegradable single use plastic bags are banned in many countries throughout Africa including **Rwanda**, **Kenya**, **Tanzania**, **Botswana** and **Zambia**. These restrictions are quite strictly enforced so please keep this in mind when packing for your safari. Some countries allow Ziploc bags specifically used for carrying liquids if they are expected to remain in your procession and not disposed of in the country. We recommend using TSA approved see-through reusable bags as opposed to standard one-time use Ziploc bags.

MONTHLY AVERAGE TEMPERATURE & PRECIPITATION

Temp (°F) Rainfall Altitude Temp (°F) Rainfall	91/70 4" 2,952' a	91/68	90/67	89/61 1"	83/54 0"	80/48	78/48	85/53	92/61	97/69	95/70	93/70
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Altitude Temp (°F)	'		5		()	0"	0"	0"	0"	1"	3"	3"
Temp (°F)	2,332 0	ihove sea	level	_	1 0	1 0	1 0	10	0		1 3] 3
/	67/50	70/52	76/56	84/61	91/66	95/72	96/74	95/75	92/72	86/67	77/59	69/52
	0.2"	0.2"	0.2"	0"	0"	0"	0"	0"	0"	0"	0.2"	0.2"
Altitude		ve sea lev					<u> </u>			ľ	0.2	0.2
Temp (°F)	68/53	70/54	70/57	72/58	71/58	67/56	63/55	64/54	66/55	67/54	67/52	67/51
Rainfall	0.6"	1.4"	2.5"	3.3"	2.9"	4.7"	9.2"	9.6"	5.5"	1.2"	0.2"	0.2"
Altitude				0.0	2.0	1	3.2	3.0	0.0		0.2	0.2
				75/57	73/56	71/52	69/52	71/51	75/51	76/55	74/56	74/55
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				79/55	74/48	70/45	70/45	75/48	80/54	84/59	86/61	88/63
		•										1.6"
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												4"
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				90/77	88/77	84/75	82/73	84/73	81/75	82/75	86/73	86/73
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				78/77	77/64	77/63	76/77	77/61	79/62	80/63	79/63	78/63
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												6.5"
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	-			81/57	77/52	75/42	73/49	79/5/	86/50	88/64	86/64	81/63
Rainfall	9.0"	7.5"	5.6"	0.7"	0.1"	0.0"	0.0"	0.0"	0.0"	0.4"	3.6"	5.9"
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	Temp (°F) Rainfall Altitude Temp (°F)	Temp (°F) 76/52 Rainfall 2.5" Altitude 5,450' a Temp (°F) 81/62 Rainfall 13" Altitude 4,186' a Temp (°F) 66/44 Rainfall 1.25" Altitude 1,529' a Temp (°F) 85/71 Rainfall 5" Altitude 154' aba Temp (°F) 88/64 Rainfall 3" Altitude 5,670' a Temp (°F) 81/60 Rainfall 3" Altitude 4,911' a Temp (°F) 86/73 Rainfall 12" Altitude Up to 2, Temp (°F) 78/60 Rainfall 0.6" Altitude 137' aba Temp (°F) 78/58 Rainfall 5.9" Altitude 5,751' a Temp (°F) 78/58 Rainfall 5.9" Altitude 4,593' a Temp (°F) 89/76 Rainfall 3" Altitude 4,593' a Temp (°F) 80/63 Rainfall 3" Altitude 49' abo Temp (°F) 80/63 Rainfall 3." 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SUGGESTED READING LIST

Nothing will make your trip more satisfying than to know something about the places you're visiting.

For a full list including children's books, see our <u>Amazon Store</u>

Guidebooks, Manuals and Maps

<u>Birds of East Africa: Kenya, Tanzania, Uganda,</u> <u>Rwanda, Burundi</u> by Terry Stevenson, John Fanshawe

<u>Newman's Birds of Southern Africa</u> by Kenneth Newman

<u>Sassol Birds of Southern Africa</u> by Ian Sinclair and Phil Hockey

<u>Wildlife of East Africa</u> by Martin Withers, David Hoskings

Wildlife of Southern Africa by Vincent Carruthers

<u>The Kingdon Pocket Guide to African Mammals</u> by Jonathan Kingdon

The Safari Companion by Richard D. Estes

Lonely Plant East Africa

East African Wildlife (Bradt) by Philip Briggs

Lonely Planet Cape Town & the Garden Route

Southern African Wildlife (Bradt) by Mike Unwin

Lonely Planet Botswana & Namibia

A Field Guide to the Tracks and Signs of Southern and East African Wildlife by Chris and Tilde Stuart

The Behavior Guide to African Mammals by Richard D. Estes

National Audubon Society Field Guide to African Wildlife by Alden, Estes, Schlitter and McBride

Wildlife/Ecology

In the Shadow of Man by Jane Goodall

<u>Wild Rituals: 10 Lessons Animals Can Teach Us</u> by Caitlin O'Connell

<u>Ivory: Power of Poaching in Africa</u> by Keith Somerville

Elephant Memories: Thirteen Years in the Life of an Elephant Family by Cynthia Moss

<u>The Tree Where Man Was Born</u> by Peter Matthiessen

Ancestral Passions: The Leakey Family and the Quest for Humankind's Beginnings by Virginia Morrell Memoirs/Biographies/History

<u>The Elephant Whisperer</u> by Lawrence Anthony <u>An Elephant in my Kitchen</u> by Françoise Malby-Anthony

<u>Love, Life, and Elephants</u>: An African Love Story by Daphne Sheldrick

Born a Crime by Trevor Noah

Long Walk to Freedom: The Autobiography of

Nelson Mandela by Nelson Mandela

The Flame Trees of Thika by Elspeth Huxley

Out of Africa by Isak Dinesen

Dark Safari: The Life Behind the Legend of Henry

Morton Stanley by John Bierman

I Dreamed of Africa by Kuki Gallmann

West with the Night by Beryl Markham

Woman in the Mists: The Story of Dian Fossey and the Mountain Gorillas of Africa by Farley Mowat

Africans and Their History by Joseph E. Harris

<u>The Penguin Atlas of African History</u> by Colin McEvedy

<u>Out of Africa: A Black Man Confronts Africa</u> by Keith R. Richburg

When a Crocodile Eats the Sun by Peter Godwin

Whatever You Do, Don't Run: True Tales of A
Botswana Safari Guide by Peter Allison

Fiction

<u>Cry the Beloved Country</u> by Alan Paton Things Fall Apart by Chinua Achebe

Petals of Blood by Ngugi wa Thiong'o

The River Between by Ngugi wa Thiong'o

A Good Man in Africa by William Boyd

An Ice Cream War by William Boyd

The Poisonwood Bible by Barbara Kingsolver

The No. 1 Ladies' Detective Agency Series by

Alexander McCall Smith

SAFARI PACKING LIST

In general, pack light and use layers. For a typical 10-12-day safari, we recommend the following. Please remember that many safaris utilize small plane flights which limit luggage, including carry-on bags, to 33-44 lbs. per person total – restrictions will be outlined in your personalized itinerary. **Soft sided luggage** such as duffel bags or rolling duffels are recommended. Please note that some airlines ban hard sided luggage and some frames so contact your Safari Concierge for details.

When packing, keep in mind most lodges and camps will do guest laundry (some at a nominal fee) but most will not wash women's underwear for cultural reasons.

Clo	thing		
	2 pairs long pants - convertible (zip-off) pants and		Medication including malaria tablets should be in
	quick dry fabrics are a good option		your carry-on (in original RX containers)
	2 pairs shorts		Basic medical/toiletry kit (aspirin, Imodium,
	3-4 short-sleeved T-shirts or polo shirts		antiseptic cream, toothbrush, toothpaste, etc.)
	2 long-sleeved shirts		
	1 sweater, hoodie or fleece	Acc	cessories
	1 jacket		Adapters or converters for electronic equipment
	 Light for summer (September-April) 		Binoculars (compact size)
	 Heavy for winter (May-August) 		Camera with good optical zoom - have plenty of
	1 rain jacket		memory and a charger
	7 pairs underwear		Reading material
	7 pairs socks		Flashlight or headlamp
	1 pair comfortable walking shoes (sneakers or light		Passport and final travel documents
	hikers)		Copy of your passport and insurance policy – also
	1 pair sandals, flip flops or Teva-type shoes		leave a copy at home
	Travel dress or skirt (women - optional for city or		
	train travel)	Op	tional
	Bras + full support garments for bumpy roads		Day pack to store binoculars, rain jacket & misc.
	Sun hat		items is helpful while on game drives
	Swimwear if your camps/lodges have pools		Bandana, buff or scarf to protect from dust or for added warmth
Ess	entials		Gloves and warm hat (especially during Africa's
	Sunglasses		winter months)
	Sunscreen		Portable battery pack/charger
	Wet wipes or hand sanitizer		Loungewear/sweats
	Insect repellent		Sleepwear

Notes:

- Neutral colors are preferred. Bright colors and camouflage clothing are not recommended while on game drives. People in many African countries expect visitors to dress conservatively.
- Most of the smaller camps run on generators so **hairdryers are not permitted**. Some hotels and lodges have hairdryers for your use so there is no need to bring your hairdryer.
- Most camps/lodges provide basic shampoo and soap, some include conditioner and lotion. You may
 want to take small sizes of your preferred amenities. Biodegradable shampoos & soaps are often
 preferred.
- Take a change of clothes and your toiletries in a carry-on bag in case of lost or delayed luggage.

TIPPING

Tipping is customary in Africa but how much you tip is a personal decision and should be based on your level of satisfaction with services provided. Most countries accept tips in USD. However South Africans prefer South African rand and Rwandans accept USD but prefer Rwandan francs. We suggest taking small bills (\$1, \$5, \$10 & \$20) as well as envelopes to organize your tips. Below are our recommended guidelines. We do also recommend taking a few hundred extra dollars to cover tips for outstanding service or unexpected services.

SAFARI	RECOMMENDED TIPPING AMOUNT			
Safari driver-guide	\$20 to \$25 per traveler, per day, given at end of stay or safari.			
	Maximum \$50 per family per day. Some 5-star accommodations			
	may recommend higher amounts.			
Camp/lodge staff	\$10 to \$15 per traveler, per day in the staff tip box at the end of			
	your stay at each property. Maximum \$25 per family per day.			
Private mobile camps	\$20 to \$25 per group, per day for each camp cook/staff.			
	Maximum \$50 per family per day.			
Tracker (if applicable)	\$10 to \$15 per traveler, per day. Trackers are used mostly in			
	Southern Africa.			

EXPERIENCES	RECOMMENDED TIPPING AMOUNT
Canoeing guide or mokoro poler	\$5 to \$10 per trip
Horseback and camel ride guide	\$5 to \$10 per ride
Hot air balloon ride	\$10 to \$20 per person to pilot (they will split tips with balloon staff)
Kilimanjaro guides, staff and porters	Please see our Kili tipping guidelines
Primate Treks	Please see our gorilla trekking tips
Scuba diving/snorkeling	\$10 to \$20 per traveler for crew. Optional extra for captain
Train staff	\$10 to \$20 per traveler per night
Walking safari guide	\$10 to \$20 per traveler, per walk
White water rafting	\$10 to \$20 per traveler
Victoria Falls river cruise staff	\$5 to \$10 per traveler in boat tip box

CITY ACTIVITIES	RECOMMENDED TIPPING AMOUNT		
City touring driver and/or guides	\$5 per traveler – Half day tour		
(Non-safari)	\$10 per traveler – Full day tour		
City airport/hotel transfer driver	\$5 per transfer, per group		
City hotel staff & housekeeping	\$2 to \$4 per traveler, per day		
City hotel porters	\$1 per traveler, per bag		